### LETTER TO THE EDITOR

# How to Avoid Common Complications in Hamstrings Harvest for Anterior Cruciate Ligament Reconstruction: A Practical Guide - Letter to Editor

### **Dear Editor**

where a construction of the article article "How to Avoid Common Complications in Hamstrings Harvest for Anterior Cruciate Ligament Reconstruction: A Practical Guide" by Familiari, F. et al.<sup>1</sup> We have read with great interest the article detailing various surgical techniques, particularly the section on hamstring harvest. However, after a thorough review of the article, we believe that there are some crucial details within the "hamstring harvest" section that require further clarification to enhance the understanding of readers and to prevent potential pitfalls during this surgical procedure.

The dry-scopy technique is valuable in obtaining a hamstring graft. In this technique, an arthroscope is inserted through the same incision into the space between the superficial medial collateral ligament and the hamstring tendons. It is important to note that during tendon harvesting, no joint irrigation fluid is used. It is of critical importance that the interconnecting fascial bands between the gracilis tendon and the semitendinosus tendon are released in a gentle manner.<sup>2</sup>

However, from the inferior border of the semitendinosus tendon to the medial head of the gastrocnemius tendon, there are more extensive fascial connections. To prevent premature amputation of the semitendinosus tendon, it is essential to release these fascial connections. In addition, the use of arthroscopy during the hamstring tendon graft harvesting process allows direct visualization of various anatomical structures in a clear surgical field. This significantly reduces the risk of damaging the saphenous nerve or the infra-patellar branch saphenous nerve.

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All authors conceptualized the article, Yi-Yen Tsai prepared the manuscript draft. Zhi-Hong Zheng revise the manuscript critically for important intellectual content. All authors read and approved the final manuscript.

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